



FOR IMMEDIATE RELEASE

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The Worcester Public Library to Host Panel Discussion with Local Experts - Food for Thought: Is Local Food Better?

Worcester, MA – The Worcester Public Library will host a free panel discussion with local food experts, titled *Food for Thought: Is Local Food Better?* on Tuesday, September 27 from 6:30 to 7:30 p.m. The event will be held in the Saxe Room of the Worcester Public Library, 3 Salem Square, Worcester, MA.

This free panel discussion covers many aspects of local food, from nutrition to environment to preservation and of course, farming and eating. The panel will discuss the many benefits of local foods, addressing everything from health, quality, environmental benefits, social benefits.

The event is free and open to the public, and is sponsored by Mass Local Food, a Massachusetts Local Food Online Marketplace

For more information on the Worcester Public Library and a complete list of events and programs visit mywpl.org. For more information on the *Food for Thought* panel discussion contact Linnea Sheldon, Community Relations and Communications Manager, at 508-799-1654.

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