



FOR IMMEDIATE RELEASE

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Fun for All Ages at the Worcester Public Library
Summer Reading Program Events July 11 - 16

Worcester, MA – The Worcester Public Library has a week full of fun and exciting programs and events scheduled for July 11-16. Some of the regular programs include storytimes, Minecraft Club, fun and games, a Saturday Movie Matinee, and Legos!

In addition to these regular programs, the Children's Room has some special programming taking place during the week. The first special event is Yoga and Mindfulness for Kids, presented by Ivy Child International. This program is a fun, healthy workshop filled with joy and instruction. The lessons will help children cope, and is recommended for ages 6-12 and parents. The first session will be held Monday, July 11 at 1 p.m. The second session will be held the following week, Monday, July 18 at 1 p.m.

The next special program will be Hula Hooping, with guest instructor Sarah Daly, on Wednesday, July 13 at 1 p.m. During this class, master hula hooper Daly will lead children, ages 12 and under, in a fun, music-filled hula hooping session. Hula hooping is a great way to increase activity levels in a fun and exciting way!

Finally, don't miss On Your Mark, Get Set, Read, Move, Laugh & Play with comic mime Robert Rivest, on Wednesday, July 13 at 6:30 p.m. Rivest will entertain audiences of all ages while joyfully motivating them to get up, get moving, and keep reading. Using mime, comedy, and interactive playfulness, Rivest shares fun way to move, laugh, and relieve stress, allowing children and their families to feel healthier and happier. This family show is full of audience participation.

These special events are part of the Summer Reading Program at the Worcester Public Library. The theme for the 2016 program is "Wellness, Fitness, and Sports" - with loads of free programs being offered through August 20 at the Main Library and all branches. Participants are eligible for prizes for reading and participating in programs. All ages are

invited to sign up for summer reading at mywpl.org or at any library location until August 20.

For more information contact Linnea Sheldon, Community Relations and Communications Manager, at 508-799-1654 or lsheldon@mywpl.org. Check mywpl.org for updates on the Summer Reading program, and for a complete listing of all programs please visit:

<http://www.eventkeeper.com/code/events.cfm?curOrg=WPL&setRef=new>

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