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Find Your Voice with Cara Brindisi

A special event at the Worcester Public Library.

Worcester, MA – Worcester Public Library is delighted to announce a special event, *Find Your Voice with Cara Brindisi*, taking place on Saturday, July 15 at 2:30 p.m. The event will be held in the Saxe Room of the Main Library and promises to be an inspiring and engaging afternoon for all attendees.

Cara Brindisi, a talented vocalist and Worcester County native, has captivated audiences both on and off the stage. Many may recognize her from her appearance on season 22 of NBC's hit show *The Voice*. With a decade-long presence in the Worcester music scene, Cara has graced the favorite restaurants and venues of the community with her mesmerizing performances. She has not only entertained through her music but has also made a significant impact as a Board Certified Music Therapist, bringing the power of music to individuals in need. Additionally, she has produced remarkable concerts on prestigious stages, including the renowned Mechanics Hall.

Throughout her career, Cara's voice has been her guiding force. As a professional vocalist, she possesses the remarkable ability to infuse gentle melodies into even the quietest of spaces and deliver powerful and gritty performances to captivated audiences. Her talent has earned her opportunities to open for national touring acts across New England, and she has honed her skills in recording studios from New York City to Nashville. Cara is currently working on her highly anticipated debut full-length album, set to release later this year, which showcases her original music and heartfelt songwriting.

In *Find Your Voice with Cara Brindisi*, Cara will draw upon her vast experiences to curate a unique program exclusively for the Worcester Public Library. Attendees will have the privilege of enjoying captivating storytelling and mesmerizing vocal performances by Cara herself. Moreover, participants will have the opportunity to engage in group singing and songwriting activities, discovering their own voices in the process. Cara will

delve into the scientific aspects of using our voices by exploring the field of Music Therapy, highlighting its profound impact on our mind, body, and spirit.

Even though Cara was a contestant on a reality show, it is her belief that music and the ability to use our voices without judgment should be accessible to all. She firmly believes that it is everyone's human right to find solace and self-expression through music. This event aims to provide a platform for individuals to explore the power of their voices, nurturing their artistic abilities and personal growth.

"We are excited to host Cara Brindisi for this very special afternoon at the Worcester Public Library," said Cynthia Gemmell, Deputy Director for Youth Services. "Cara's talent, passion for music, and dedication to her community make her an exceptional role model. We invite everyone to join us for an unforgettable event, where we will discover the magic and importance of finding our own unique voice."

Admission to *Find Your Voice with Cara Brindisi* is free and open to the public. Due to limited space, only the first 100 patrons will be given entry to this event. Attendees of all ages and backgrounds are encouraged to participate. Don't miss this incredible opportunity to be inspired, connect with others, and explore the transformative power of music and self-expression.

For more information on the Worcester Public Library visit mywpl.org. For more information on *Find Your Voice with Cara Brindisi* contact Linnea Sheldon, Community Relations and Communications Manager, at 508-799-1654 or lsheldon@mywpl.org. For more information on Cara Brindisi visit carabrindisi.com.

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