The Worcester Public Library Presents the WooReads: Adult Reading Challenge (Beyond Summer)

Worcester, MA – The Worcester Public Library invites adult readers to join the WooReads: Adult Reading Challenge (Beyond Summer), which runs now through May 31, 2020. The online challenge encourages adults to pick up a book, or listen to audiobooks - creating a community of readers.

The online challenge can be found at mywpl.org, where readers can log their books, access adult booklists, learn about author events, add book reviews, and win prizes!

Recently, the adults logged 3,050 books during the summer reading challenge. The adult participants also wrote 419 book reviews, sharing their opinions and recommendations with others in the challenge.

“The WooReads challenge was created based on patron feedback,” said Pingsheng Chen, Public Services Coordinator. “Participants of our past programs stated they enjoyed logging their reading activity, winning prizes, and sharing with their community.”

Reading books as adults has many benefits beyond setting a positive example for children. Reading can help promote creativity, improve memory, relieve depression, boost focus, increase relaxation, and foster empathy. Studies have even shown that reading also increases life expectancy.

Adults who read also have a benefit to society. Reading has been shown to improve literacy numbers and overall health. It helps increase problem solving skills, and builds leaders.
Participants ages 18 and over can sign up to take part in the WooReads Challenge anytime between now and May 31. The more you read, the better your chance of winning a prize. Participants who log at least 20 books by May 31 and live in Worcester will automatically be entered into a drawing to win a Kindle Paperwhite.

For more information on the Worcester Public Library and a complete list of events and programs visit mywpl.org. For more information on the WooReads: Adult Reading Challenge contact Linnea Sheldon, Community Relations and Communications Manager, at 508-799-1654 or lsheldon@mywpl.org.

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Worcester Public Library, A department of the City of Worcester

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